

# SMART-NF1 PROJECT

Studying Momentary Assessment of Resilience and  
Thinking in Neurofibromatosis Type 1

Florida State University College of Medicine

**ADOLESCENTS WITH NF1 AND  
THEIR PARENTS NEEDED FOR A  
DAILY FUNCTION STUDY!**

## STUDY AIMS:

- To improve understanding of cognitive, behavioral, and socioemotional function in daily lives of adolescents with NF1.
- To identify potential predictors of these functions, such as parenting, social support, coping strategies, physical activity, and sleep.

## IMPORTANCE:

This research may help inform future management, care, and interventions related to cognitive, behavioral, and socioemotional function of youths with NF1.

If interested, please provide your contact information and answer a few screening questions here:

<https://redcap.link/SMART-NF1>

Or scan the QR Code.

You can also contact the research team at  
[dearlab@med.fsu.edu](mailto:dearlab@med.fsu.edu)



## ADOLESCENT REQUIREMENTS:

1. Have a diagnosis of NF1
2. Be 13-17 years old
3. Have a third grade or higher level of English comprehension
4. Live in the United States
5. Have access to a smart phone

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## PARTICIPANT INVOLVEMENT INCLUDES:

Parents:

1. Complete an online survey (about 20 minutes).
- Receive \$10 compensation

Adolescents:

1. Complete an online survey (about 40 minutes).
  2. Complete short surveys about mood and cognition on smartphone app 3-4 times a day (out of school hours) for two weeks.
  3. Wear a Fitbit activity tracker (provided by the researchers) for two weeks.
- Receive up to \$210 compensation.