

We are interested in examining the effectiveness of a telehealth group for improving peer relationships for teens with NF1

Who can participate? 12-17 year olds with NF1 & a parent/caregiver

What does participation involve? Teens and parents will be asked to complete a virtual intake session; attend 10 weekly telehealth sessions over Zoom for 90-minutes each week; completion of questionnaires after participation



Is your teen with NF1 interested in improving peer relationships?

- PEERS® for Adolescents is an evidence-based social skills intervention for motivated teens in middle and high school who are interested in making and keeping friends, handling conflict and rejection.
- PEERS® has been shown to be helpful for children with other diagnoses. We are examining its usefulness in NF1. This February, we will begin a group using a somewhat shortened 10-week version of PEERS adapted based on our research with teens with NF1.
- Teens are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during online socialization activities.
- Parents attend separate telehealth sessions simultaneously and are taught how to assist their teens in making and keeping friends.
- Parent participation is required.
- To participate, teens must have cognitive abilities in the broadly average range.

To determine whether you and your child meet the eligibility criteria, please contact the Child Neurodevelopment Research Lab at the University of Wisconsin-Milwaukee:
cnrl-peersnf@uwm.edu
414-229-2586

This study is funded by NF Midwest, NF Northeast, and Children's Tumor Foundation.

Teens will be taught about:

Conversational skills

Electronic communication

Organizing get-togethers

Handling disagreements

Using social media and online platforms to develop and maintain friendships

Entering & exiting conversations

Using humor appropriately

Being a good sport

Handling teasing