

We are examining the effectiveness of a telehealth group for improving peer relationships for teens with NF1

Who can participate? 12-17 year olds with NF1 & a parent/caregiver

What does participation involve? Teens and parents will be asked to complete a virtual intake session; attend 10 weekly telehealth sessions over Zoom for 90-minutes each week; complete questionnaires after participation



Is your teen with NF1 interested in improving peer relationships?

- PEERS® for Adolescents is an evidence-based intervention for motivated teens in middle and high school who are interested in learning skills for making and keeping friends, handling conflict and rejection.
- PEERS® has been shown to be effective for teens with other diagnoses. We are currently testing its effectiveness in NF1.
- Teens will receive 10 interactive lessons and role plays to practice these skills during or after telehealth sessions.
- Parents will attend telehealth sessions simultaneously and are tasked to assist their teens in making and keeping friends.
- Parent participation is required.
- To participate, teens must have cognitive abilities in the broadly average range.

THIS STUDY IS CLOSED

To determine whether you and your child meet the eligibility criteria, please contact the Child Neurodevelopment Research Lab at the University of Wisconsin-Milwaukee:
414-229-2586
cnrl-peersnf@uwm.edu

This study is a collaboration between the University of Wisconsin-Milwaukee and the University of Minnesota.

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Teens will be taught about:

Entering & exiting conversations
Using social media and online platforms to develop and maintain friendships
Using humor appropriately
Handling disagreements, teasing, and bullying

Conversational skills
Electronic communication
Organizing get-togethers
Being a good sport