Possible affects of Neurofibromatosis Type 1

- Visual Impairment/Blindness
- Optic Glioma
- Lisch Nodules
- Speech Impairments
- Skin: Cafe-au-lait spots and/or neurofibromas (tumors) of varying sizes may occur anywhere
- Scoliosis
- Spinal tumors
- Digestive tract: NF may cause pain, vomiting, chronic constipation or diarrhea
- Seizures
- Headaches
- Brain Tumors
- Brain Blood Vessel Defects
- Learning Disabilities
- Mental Retardation
- Macrocephaly (oversized head)
- High blood pressure
- Freckling where skin meets skin (armpits, groin, under breasts)
- Early or delayed puberty
- Pseudarthrosis (false joints)
- Bone deformities

Other complications may include poor fine and/or gross motor skills, other internal tumors, short stature, severe itching, psychosocial burdens, and cancer.