

Naperville Riverwalk
Saturday June 5, 2010
Check-in 8:30 am
(with advance registration)
Walk begins 10:00 am



NF, Inc. Midwest
P.O. Box 1923
Lombard, IL 60148
630-932-8111 (ph)
630-932-8119 (f)
www.greatsteps.org

Naperville Walker Information

Get Motivated—Start Fundraising Now!

Thank you for showing your support by signing up to join in the 9th Annual **Great Steps for NF** walk. It is an easy, scenic 3K walk that is wheelchair accessible. Come and share a fun filled day with family and friends. Stretch the limits - your help is needed to reach this year's goal of raising over \$200,000. This is what Great Steps for NF is all about, more research and better medical care! The difference between CARE or CURE is "U". Please help the NF community reach that goal.

How do I Fundraise? There are 3 easy ways:

Online Donation

Design an online fundraising page with your photos and a personal story at www.firstgiving.com/nf. Be sure to add your team name and number. Send it to everyone you know!

Letter Writing/Donor Forms

Send out a letter along with a donor form and return envelope to family, friends, co-workers, and classmates. Go to your bank, insurance company, hair salon, mechanic, etc.

Pledge Envelopes

Pledge envelopes work well door to door or take them to the office, school, etc. Call the office if you need one.

Fundraising Tips

- The main reason people donate is because they are asked! You are the key.
- **The goal is for each participant to raise at least \$200.** How can you do that? Here's 3 easy steps: start by sponsoring yourself for \$50, ask four family members to sponsor you for \$25, then ask five friends to donate \$10. How easy is that? Don't stop there! What about your boss, co-workers or local merchants? The possibilities are endless!
- Ask your employer about matching gifts. A form can be obtained from your Human Resources Department. Matching gifts must be secured by Thursday, June 3rd to be eligible for prizes.
- Feel free to photocopy the donor forms or go online to greatsteps.org to print more. Contact the NF office if you need them by mail.
- Enclosed is a sample letter that can be used or re-designed to fit your needs.
- Make sure your name and participant number are written on the donor forms. Donor forms are used to write "Thank You's" and for team/individual donation summaries.

Set a Goal... Win Great Team Prizes!

If you raise (per team): Your team will receive:

\$500—\$999	Neurofibromatosis Coolie (can wrap)
\$1000—\$1,999	Neurofibromatosis License Plate Frames (2)
\$2,000—\$3,499	Neurofibromatosis Water Bottle
\$3,500—\$5,499	Neurofibromatosis Baseball Cap
\$5,500 & up	Neurofibromatosis fleece jacket plus ALL the above

Prizes awarded only for monies received by June 3rd, 2010. Substitutions may be made, according to availability. Prizes are not cumulative except as noted.



You can finish with a smile knowing you have helped others find new life & hope!

Special points of interest:

- **Raise \$100 to receive a t-shirt**
- Checks should be made payable to **NF, Inc. Midwest**
- Volunteers needed! Duties may include some walking, lifting and standing, please sign up by May 21
- Get the word out! Display a poster at your office or local business.
- The Naperville Riverwalk Grand Pavilion park area is available to Great Steppers throughout the day. You are welcome to stay and visit with other families after the event if you wish.

Where does the money go?

All the money raised will help improve the lives of those affected by neurofibromatosis. We use the funds to support research studies, which have led to discoveries about not only NF, but also cancer and learning disabilities and for programs of support and to raise awareness. Keep the hope alive for the one and one half million people challenged by NF!

Before the Walk

Additions to your Team?

It's easy to add more family/friends to your team. Have new team members fill out a registration form, sign the waiver and send it in or sign up online. One registration form per family. Feel free to photocopy the registration form or go to greatsteps.org for more.

Continue Fundraising

GREAT STEPPERS can make a difference towards care and a cure! Everyone is strongly encouraged to collect and send in donor monies **prior** to the walk. **Winners are based on money received by June 3rd.** Please send to NF, Inc. Midwest, P.O. Box 1923 Lombard, IL 60148.

Donation Summaries

A summary of your Individual/Team donations will be sent to team captains periodically. As a team captain you are the liaison between the team and the NF office. Please update your team members of your fundraising success.

Morning of the Walk

The entry to the parking lot is marked on the enclosed map. Signs and volunteers will direct you to the Grand Pavilion. Please let the volunteers know if you require any special assistance. The walk is wheelchair and scooter (if required for disability) friendly.

Early check-in starting at 8:30 a.m. is available for those who are registered in advance. Be sure to check-in to pick up a map and complimentary raffle tickets. Team Captains are responsible for picking up their team prizes.

Please note: T-shirts are available at the Grand Pavilion for everyone who has raised \$100.

Head over to the food tent to enjoy your free continental breakfast.

The walk will begin at 10:00 with Naperville Mayor George Pradel leading the way! The path is constructed mainly of brick pavers and the beautifully scenic route will take approximately one hour. (This of course depends on your speed.)

Walkers may be added to your team the day of the walk. The late registration fee will apply (\$25 per person). **Monies collected by late registrants cannot be added to your team total so be sure to have everyone register early!**

Help us go green! Candy is distributed at stations along the walk. In the past we have passed out plastic bags to collect those goodies. **Bring your reusable shopping bags or purchase an NF reusable bag for \$3.**

**Congratulations Cole's Crew,
the 2009 Top Fundraising Team!**



Time to Celebrate!

After the walk, please join us in celebrating our "Great Steps" for NF. At this time prizes will be given to the top 3 fundraisers. The top fundraising team receives a traveling plaque displaying all the previous top winners. Their name will be added to the group for 2010.

For those who enjoy having a little fun, we will be awarding a prize for that individual, family or team who displays the most creative accessory/costume to express themselves.

Be sure to stay and win some of the fantastic raffle prizes (must be present to win). There will be music, pizza, hot dogs, snacks, and more! Baskets will be raffled after the awards ceremony. Every participant has a chance to win. Additional raffle tickets are available for purchase. Tattoos and games are available for the young at heart.

**Have a little fun and accessorize!
Last year Team Haberkamp with
"Kiss Off NF" won best accessory.**



Other Items to Note

- Foot traffic and strollers are allowed on the Riverwalk. Bicycles, roller skates, roller blades, scooters, etc. are prohibited.
- Parents should keep their children away from the edge of lower walks, off the railings and away from the banks of the water ways.
- **All pets must be on a leash at all times!**
- We will have volunteers along the walk with communication devices should you need assistance. Please note there will be no emergency services at the Grand Pavilion and along the walk.
- We will be walking rain or shine. Please dress accordingly. Use your best judgment in case of lightning.
- If you have ANY questions please give us a call at 630.932.8111 or drop an email to greatsteps@nfmidwest.org.
- **Please note: we will not be collecting cell phones or print cartridges this year.** You may drop them off at our office or we can provide you with a mailing sticker that can be attached to a box to be sent directly to Funding Factory at no cost to you (provided you drop it off at a UPS location). This fundraising through recycling is a great way to clean up our environment and help those affected by NF.
- **The city requires that any team tents set up at the walk must be secured with stakes.**